

**PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY
DEPARTMENT OF FRESHMAN ENGINEERING**

In collaboration with

IQAC

Organizes a One - Week Workshop

YES!+ (Youth Empowerment & Skills)

SUMMARY REPORT ON EVENT ORGANIZED

Date: 23-10-24 – 27-10-24

ACADEMIC YEAR : 2024-25	
Date of event organized	23-10-24 – 27-10-24
Name of the program	YES!+ (Youth Empowerment & Skills)
Title of the program	YES!+ (Youth Empowerment & Skills)
Brief report on the event	We have collaborated with the Art of Living to host a YES+ (Youth Empowerment & Skills) program aimed at addressing the difficulties encountered by I.B.Tech. students studying Civil and Mechanical Engineering. Over the course of five days, with three-hour sessions each day, students have gained useful skills to succeed both academically and personally. This approach integrates mind-body techniques, discussions, and hands-on exercises to improve memory, focus, social skills, and performance under pressure. The Art of Living encourages a holistic approach to life, emphasizing social impact, spiritual development, and individual well-being. It offers methods to alleviate stress, promote self-awareness, and enhance mental, emotional, and physical health, such as Sudarshan Kriya, yoga, meditation, and emotional intelligence. The philosophy promotes global efforts in humanitarian aid, education, and ecology, while also encouraging peace and spiritual fulfilment.
Year/Semester	I B. Tech. ME & CE
No. of the participants	124
Consolidated Feedback	Good
Suggestions if any	---
Name of the Co-ordinator	Dr. T. Preethi Rangamani Dr. S. Lakshmi Tulasi
Signature of the Co-ordinator	 Head
Signature of FED HOD Signature of IQAC Coordinator & ME HOD	 Head Freshman Engineering Department PVP Siddhartha Institute of Technology Kanuru, VIJAYAWADA-520 007

HEAD

Mechanical Engineering Department

PROF. V. POTLURI

PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY

KANURU, VIJAYAWADA-520 007



PRASAD V POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY

(Autonomous)

Kanuru, Vijayawada-7

Circular

19-10-24

To address the challenges faced by I B. Tech. Civil Engineering and Mechanical Engineering students, Freshman Engineering Department in collaboration with Internal Quality Assurance Cell has planned to conduct YES! + (Youth Empowerment and Skills) Workshop by Art of Living Organization that empowers students to excel through practical tools to excel both at the academic level and personal level. The Workshop is conducted for 5 days with 3 hrs. session per day. The modules in the workshop combine mind-body practices with interactive discussions, experiential processes and are proven to improve the overall performance of students by enhancing their memory & concentration, interpersonal skills and ability to perform under pressure.

The workshop is conducted from 23-10-24 to 27-10-24 from 4.00 P. M. to 7.00 P. M. It is compulsory for all the I B. Tech. Civil and Mechanical Engineering students to attend the workshop.

Venue: Auditorium


Dr. M. Srilakshmi

HOD, FED

Freshman Engineering Department
PVP Siddhartha Institute of Technology
Kanuru, VIJAYAWADA-520 007.


Dr. B. Raghu Kumar
IQAC Coordinator
& HOD, ME

HEAD

Mechanical Engineering Department
PRASAD V. POTLURI
SIDDHARTHA INSTITUTE OF TECHNOLOGY
KANURU, VIJAYAWADA-520 007.


Dr. K. Sivaji Babu
Principal

PRINCIPAL

PRASAD V. POTLURI
SIDDHARTHA INSTITUTE OF TECHNOLOGY
KANURU, VIJAYAWADA-520 007

To circulate among I B. Tech. Civil and Mechanical Engineering students



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On

YES! + (Youth Empowerment and Skills) by Art of Living
23-10-24 to 27-10-24

Attendance Sheet

S. No.	Name	Roll No.	23-10-24	24-10-24	25-10-24	26-10-24	27-10-24
①	BANAVATHU KAVERI	24501A0101	B. Kaveri	B. Kaveri	B. Kaveri	B. Kaveri	B. Kaveri
②	BHUKYA NAVEEN KRISHNA	24501A0102	B. Naveen	B. Naveen	B. Naveen	B. Naveen	B. Naveen
③	BODDU TEJASWINI	24501A0103	B. Tejaswini	B. Tejaswini	B. Tejaswini	B. Tejaswini	B. Tejaswini
4	BOLLEDHU KARTHIK	24501A0104	B. Karthik	B. Karthik	B. Karthik	B. Karthik	B. Karthik
⑤	BONDA JAY VEERA SURYA SAI CHARAN	24501A0105	B. J. V. Sai Charan	B. J. V. Sai Charan	B. J. V. Sai Charan	B. J. V. Sai Charan	B. J. V. Sai Charan
6	BONTHU LAHARI	24501A0106	B. Lahari	B. Lahari	B. Lahari	B. Lahari	B. Lahari
⑦	CHAI AMALASETHI HEMANTH SAI	24501A0107	Hemant Sai	Hemant Sai	Hemant Sai	Hemant Sai	Hemant Sai
8	CHEKURI CHAITANYA	24501A0108	Ch. Chaitanya	Ch. Chaitanya	Ch. Chaitanya	Ch. Chaitanya	Ch. Chaitanya
⑨	DALAPATHIRAO RANADEEP VARMA	24501A0109	D. Ranadeep	D. Ranadeep	D. Ranadeep	D. Ranadeep	D. Ranadeep

10	DARA SAI RAMESH	24501A0110	D.Saifamesh	D.Saifamesh	D.Saifamesh	D.Saifamesh	D.Saifamesh
11	DIMMITI SHANMUKHA SAI	24501A0111	D.Shanmukha Sai	D.Shanmukha Sai	D.Shanmukha Sai	D.Shanmukha Sai	D.Shanmukha Sai
12	DUSANAPUDI SIREESHA	24501A0112	D.Sireesha	D.Sireesha	D.Sireesha	D.Sireesha	
13	GARLAPATI SOBHINI	24501A0113	Sobhini	Sobhini	Sobhini	Sobhini	Sobhini
14	GOTTIPARTHI SRIJA	24501A0114	Srija	Srija	Srija	Srija	Srija
15	GUMMALLA SUHITHA	24501A0115	Suhitha	Suhitha	Suhitha	Suhitha	Suhitha
16	GUNNA AKHIL	24501A0116	Akhil.G	Akhil.G	Akhil.G	Akhil.G	Akhil.G
17	KUKOLLU RISHI PRIYA	24501A0117	Rishi Priya	Rishi Priya	Rishi Priya	Rishi Priya	Rishi Priya
18	JANGUMILLI BALA MANOHAR	24501A0118	J.Bala manohar	J.Bala manohar	J.Bala manohar	J.Bala manohar	J.Bala manohar
19	JUJU VARAPU SATHVIK	24501A0119	J.Sathvik	J.Sathvik	J.Sathvik	J.Sathvik	J.Sathvik
20	JUVVANAPUDI JAYANTH	24501A0120	J.Jayanth	J.Jayanth	J.Jayanth	J.Jayanth	J.Jayanth
21	KATRU MONALEE PADMA	24501A0121	K.Monalee Padma	K.Monalee Padma	K.Monalee Padma	K.Monalee Padma	K.Monalee Padma
22	KATURI SANJAY BABU	24501A0122	K.Sanjay	K.Sanjay	K.Sanjay	K.Sanjay	K.Sanjay
23	KELAVATHI MAHESH BABU	24501A0123	K.Mahesh	K.Mahesh	K.Mahesh	K.Mahesh	K.Mahesh

24	KODAMANCHILI AVANTH	24501A0124	K. Avanth	K. Avanth	K. Avanth	K. Avanth	K. Avanth
25	MADDELA LALITHYA	24501A0125	M. Lalithya	M. Lalithya	M. Lalithya	M. Lalithya	M. Lalithya
26	MAGANTI H V V S DURGAPAVANI	24501A0126	M. pavani	M. pavani	M. pavani	M. pavani	M. pavani
27	MANDAPALLI KRANTHI	24501A0127	M. Kranthi	M. Kranthi	M. Kranthi	M. Kranthi	M. Kranthi
28	MARADA SRI GOWRI	24501A0128	M. Srigowri	M. Srigowri	M. Srigowri	M. Srigowri	M. Srigowri
29	MOHAMMAD IBRAHIM	24501A0129	Md. Ibrahim	Md. Ibrahim	Md. Ibrahim	Md. Ibrahim	Md. Ibrahim
30	MUCHU SHARMILA	24501A0130	M. Sharmila	M. Sharmila	M. Sharmila	M. Sharmila	M. Sharmila
31	NALLAJARLA SANDEEP VINAY	24501A0131	Sandeep Vinay	Sandeep Vinay	Sandeep Vinay	Sandeep Vinay	Sandeep Vinay
32	NANDAM PAVAN	24501A0132	N. Pavan	N. Pavan	N. Pavan	N. Pavan	N. Pavan
33	PALLAPOTHU VENKATA GANA KMALESH KUMAR	24501A0133	P. Venkatesh Kumar	P. Venkatesh Kumar	P. Venkatesh Kumar	P. Venkatesh Kumar	P. Venkatesh Kumar
34	PARASA EMMANUEL ROSHAN SREELHAS	24501A0134	P. E. R. S	P. E. R. S	P. E. R. S	P. E. R. S	P. E. R. S
35	PEETLA PUJITHA	24501A0135	P. Pujitha	P. Pujitha	P. Pujitha	P. Pujitha	P. Pujitha
36	PENUMUDI RAJINIKANTH	24501A0136	P. Rajinikanth	P. Rajinikanth	P. Rajinikanth	P. Rajinikanth	P. Rajinikanth
37	PITTU GREESHMA SRI	24501A0137	P. Greeshma	P. Greeshma	P. Greeshma	P. Greeshma	P. Greeshma

38	RACHAKONDA JAYA LAKSHMI VARDHAN	24501A0138	R. J. Vardhan	R. J. Vardhan	R. J. Vardhan	R. J. Vardhan	R. J. Vardhan
39	SANAGAVARAPU BALAJI	24501A0139	Sanagavarapu	Sanagavarapu	Sanagavarapu	Sanagavarapu	Sanagavarapu
40	SEEKURTHI SAHITH	24501A0140	S. Sahith	S. Sahith	S. Sahith	S. Sahith	
41	SHAIK AMEER BHASHA	24501A0141	Sk. Ameer	Sk. Am	Sk. Am	Sk. Am	Sk. Am
42	SHAIK DINA	24501A0142	Sk. Dina	Sk. Dina	Sk. Dina	Sk. Dina	Sk. Dina
43	SHAIK NAZMABEGUM	24501A0143	Sk. Nazma Begum	Sk. Nazma Begum	Sk. Nazma Begum	Sk. Nazma Begum	Sk. Nazma Begum
44	SIRIGINEED! VENKATA SUDHEER	24501A0144	S. V. Sudheer	S. V. Sudheer	S. V. Sudheer	S. V. Sudheer	S. V. Sudheer
45	SIRIKONDA DEEPTHI	24501A0145	S. Deepthi	S. Deepthi	S. Deepthi	S. Deepthi	
46	TALAM AKSHAYA	24501A0146	T. Akshaya	T. Akshaya	T. Akshaya	T. Akshaya	
47	TUNGA SANTHOSH KUMAR	24501A0147	T. Santhosh Kumar	T. Santhosh Kumar	T. Santhosh Kumar	T. Santhosh Kumar	
48	VANUKURU VINAY	24501A0148	Vinay	Vinay	Vinay	Vinay	
49	VARADA MANIKANTA	24501A0149	V. Manikanta	V. Manikanta	V. Manikanta	V. Manikanta	
50	MEMULA VASU	24501A0150	V. Vasu	V. Vasu	V. Vasu	V. Vasu	V. Vasu

51. M. V. V. G. Vardhan 24501A0124 / M. G. V. / M. G. V. / M. G. V. / M. G. V.

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S. No.	Name	Roll No.	23-10-24	24-10-24	25-10-24	26-10-24	27-10-24
1	ABDUL ALEEM	24501A0301	A. Aleem	Absent	Absent A. Aleem	Absent A. Aleem	
2	ALLUMOLU BALA VENKATA BRAHMAJI	24501A0302	A. Brahmaji	A. Brahmaji	A. Brahmaji	A. Brahmaji	A. Brahmaji
3	ARIGARLA NAVEEN KUMAR	24501A0303	A. Naveen Kumar	A. Naveen Kumar	A. Naveen Kumar	A. Naveen Kumar	A. Naveen Kumar
4	ARJI MADHU	24501A0304	A. Madh	A. Madh	A. Madh	A. Madh	A. Madh
5	BABY HARSHITHA GUDI	24501A0305	G. Harshitha	G. Harshitha	G. Harshitha	G. Harshitha	G. Harshitha
6	BALDA VIVEK	24501A0306	B. Vivek	B. Vivek	B. Vivek	B. Vivek	B. Vivek
7	BAVISETTI HANUMADITYA	24501A0307	B. Hanu	B. Hanu	B. Hanu	B. Hanu	B. Hanu
8	BEJJIPURAM GANESH	24501A0308	B. Ganesh	B. Ganesh	B. Ganesh	B. Ganesh	B. Ganesh
9	BITRAGUNTA	24501A0309	B. Gautham	B. Gautham	B. Gautham	B. Gautham	B. Gautham

	GOWTHAM		B. Gowtham					
10	BODDAPATI HEMANTH	24501A0310	B. Hemant	B. Hemant	B. Hemant	B. Hemant	B. Hemant	B. Hemant
11	BOGILALA NAGA LOKESH	24501A0311	B. Nagalaksh	B. Nagalaksh	B. Nagalaksh	B. Nagalaksh	B. Nagalaksh	B. Nagalaksh
12	BOMMAROTHU MANIKANTA	24501A0312	B. Manikanta	B. Manikanta	B. Manikanta	B. Manikanta	B. Manikanta	B. Manikanta
13	BONTHU DESWANTH KUMAR	24501A0313	B. Deswanth	B. Deswanth	B. Deswanth	B. Deswanth	B. Deswanth	B. Deswanth
14	BORRA SHANMUKH SAI	24501A0314	B. Shanmukh Sai	B. Shanmukh Sai	B. Shanmukh Sai	B. Shanmukh Sai		
15	CHAGANTIPATI SHANMUKH	24501A0315	Ch. Shanmukh	Ch. Shanmukh	Ch. Shanmukh	Ch. Shanmukh	Ch. Shanmukh	Ch. Shanmukh
16	CHILLAPALLI MADHU SAI PRANAY	24501A0316	Ch. Pranay	Ch. Pranay	Ch. Pranay	Ch. Pranay	Ch. Pranay	Ch. Pranay
17	CHINTHALAPUDI BALAJI	24501A0317	Balaji	Balaji	Balaji	Balaji	Balaji	Balaji
18	EDUBILI MOHITH KUMAR	24501A0318	E. Mohith Kumar	E. Mohith Kumar	E. Mohith Kumar	E. Mohith Kumar	E. Mohith Kumar	E. Mohith Kumar
19	GEJELA VARSHITHA	24501A0319	G. Varshitha	G. Varshitha	G. Varshitha	G. Varshitha	G. Varshitha	G. Varshitha
20	GORRELA SATYA KAMESH	24501A0320	G. Satya Kamesh	G. Satya Kamesh	G. Satya Kamesh	G. Satya Kamesh	G. Satya Kamesh	G. Satya Kamesh
21	GU DIPUDI ANAND BABU	24501A0321	G. Anand Babu	G. Anand Babu	G. Anand Babu	G. Anand Babu	G. Anand Babu	G. Anand Babu

22	GUDIVADA SATISH	24501A0322	G. Satish	G. Satish	G. Satish	G. Satish	G. Satish
23	GURUVINDAPALLI VIVEK BABU	24501A0323	G. Vivek Babu	G. Vivek Babu	G. Vivek Babu	Absent	G. Vivek Babu
24	KALAPALA PRAVEEN KUMAR	24501A0324	K. Praveen Kumar	K. Praveen Kumar	K. Praveen Kumar	K. Praveen Kumar	K. Praveen Kumar
25	KAMMILA BHAVANESH	24501A0325	K. Bhavanesh	K. Bhavanesh	K. Bhavanesh	K. Bhavanesh	K. Bhavanesh
26	KHANDELWAL KESHAV SHARMA	24501A0326	K.H.	K.H.	K.H.	K.H.	K.H.
27	KOLUKULA DURGA NAGA VENKATA SASANK	24501A0327	K. Sasank	K. Sasank	K. Sasank	K. Sasank	K. Sasank
28	KONDEPOGU DHANARAJU	24501A0328	K. Dhanaraju	K. Dhanaraju	K. Dhanaraju	K. Dhanaraju	K. Dhanaraju
29	KORUBILLI ABHISHEK	24501A0329	K. Abhishek	K. Abhishek	K. Abhishek	K. Abhishek	K. Abhishek
30	KOYYA DURGA RAO	24501A0330	Ab	Ab	Ab	Ab	
31	KURAPATI SANTHOSH	24501A0331	K. Santhosh	K. Santhosh	K. Santhosh	K. Santhosh	K. Santhosh
32	LADDIKA NAGA KANAKA DHANUSH	24501A0332	Dhanush	Dhanush	Dhanush	Dhanush	Dhanush
33	LANKE SAI SREE HARISH	24501A0333	L. Sai Sree Harish	L. Sai Sree Harish	L. Sai Sree Harish	L. Sai Sree Harish	L. Sai Sree Harish
	MADA JAIPAL	24501A0334	M. Jaipal	M. Jaipal	M. Jaipal	M. Jaipal	

35	MARUPILLI CHARAN TEJA	24501A0335	M. Charan Teja	M. Charan Teja	M. Charan Teja	M. Charan Teja	M. Charan Teja
36	MEDISETTI JAGADEESH	24501A0336	M. Jagadeesh	M. Jagadeesh	M. Jagadeesh	Absent	
37	NADENDLA SAMUEL	24501A0337	N. Samuel	N. Samuel	N. Samuel	N. Samuel	
38	NELAPALA RAJESH	24501A0339	N. Rajesh	N. Rajesh	N. Rajesh	N. Rajesh	
39	ODURU SAI PAVAN RAJ	24501A0340	O. Pavan Raj	O. Pavan Raj	O. Pavan Raj	O. Pavan Raj	O. Pavan Raj
40	PAILA ANIL KUMAR	24501A0341	P. Anil Kumar	P. Anil Kumar	P. Anil Kumar	P. Anil Kumar	P. Anil Kumar
41	PAMARTHI NITISH KUMAR	24501A0342	P. Nitish	P. Nitish	P. Nitish	P. Nitish	P. Nitish
42	PAMIDI TARUN	24501A0343	P. TARUN	P. TARUN	P. TARUN	P. TARUN	P. TARUN
43	PARAGATI SINDHU	24501A0344	P. Sindhu	P. Sindhu	P. Sindhu	P. Sindhu	P. Sindhu
44	PASIPOGULA SYAM SUNDAR	24501A0345	P. Syam Sundar	P. Syam Sundar	P. Syam Sundar	P. Syam Sundar	P. Syam Sundar
45	PAVULURI LALITHYA RAM	24501A0346	P. Lalithya Ram	P. Lalithya Ram	P. Lalithya Ram	P. Lalithya Ram	P. Lalithya Ram
46	PENUMUDI SUREKHA	24501A0347	P. Surekha	P. Surekha	P. Surekha	P. Surekha	P. Surekha
47	PETLA LOKESH RAMJI	24501A0348	P. Lokesh Ramji	P. Lokesh Ramji	P. Lokesh Ramji	P. Lokesh Ramji	P. Lokesh Ramji
48	PILLI SAMEERA	24501A0349	P. Sameera		Absent	Absent	
49	PINNIKA GOPICHAND	24501A0350	P. Pinnika	P. Pinnika	P. Pinnika	P. Pinnika	P. Pinnika
50	SAJJA MADHAVA RAO	24501A0351	S. Madhava Rao	S. Madhava Rao	S. Madhava Rao	S. Madhava Rao	S. Madhava Rao

51	SAYYAD IRFAN	24501A0352	Sd. Irfan	Sd. Irfan	Sd. Irfan	Sd. Irfan	Sd. Irfan
52	SHAIK VASIF REEHAN	24501A0353	Sh. Reehan	Sh. Reehan	Sh. Reehan	Sh. Reehan	Sh. Reehan
53	SUNKARA PRATHYUSHA	24501A0354	S. Prathyusha	S. Prathyusha	S. Prathyusha	S. Prathyusha	S. Prathyusha
54	SURAM SATYA SAI SASANK	24501A0355	S. Sasank	S. Sasank	S. Sasank	S. Sasank	S. Sasank
55	SYKAM CHETAN SAI	24501A0356	S. Chetan Sai	S. Chetan Sai	S. Chetan Sai	S. Chetan Sai	S. Chetan Sai
56	TALATAM BHUVANESH	24501A0357	T. Bhuvanesh	T. Bhuvanesh	T. Bhuvanesh	T. Bhuvanesh	T. Bhuvanesh
57	THUMU ANIL KUMAR	24501A0358	T. Anil Kumar	T. Anil Kumar	T. Anil Kumar	T. Anil Kumar	T. Anil Kumar
58	TURUPATI BALAJI	24501A0359	T. Balaji	T. Balaji	T. Balaji	T. Balaji	T. Balaji
59	UPPALA UDAY KIRAN	24501A0360	U. Uday Kiran	U. Uday Kiran	U. Uday Kiran	U. Uday Kiran	U. Uday Kiran
60	VENKATA SRIYA DODDAPANENI	24501A0361	Sriya	Sriya	Absent	Absent	
61	YALAMATI CHETAN	24501A0362	Y. Chetan	Y. Chetan	Y. Chetan	Y. Chetan	

02 N. Revel

63 M. Kishore

23501A0356 N. Revel, 23501A0357 M. Kishore, 23501A0358 M. Kishore, 23501A0359 M. Kishore, 23501A0360 M. Kishore, 23501A0361 M. Kishore, 23501A0362 M. Kishore

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S. No.	Name	Roll No.	23-10-24	24-10-24	25-10-24	26-10-24	27-10-24
1	GONTHUPALLI AJAY BABU	24501A0219	G. Ajaybabu	G. Ajaybabu	G. Ajaybabu	G. Ajaybabu	G. Ajaybabu
2	MANDALAPU ANOK CHOWDARY	24501A0229	M. Anok	M. Anok	M. Anok	M. Anok	M. Anok
3	MANDALAPU HEMANTH CHOWDARY	24501A0230	M. Hemanth	M. Hemanth	M. Hemanth	M. Hemanth	M. Hemanth
4	MEDA NANDINI	24501A0233	M. Nandini	M. Nandini	M. Nandini	M. Nandini	M. Nandini
5	MENDEM MARCUS SAMUEL	24501A0235	Marcus	Marcus	Marcus	Marcus	Absent
6	NOCHARLA SAI YASWANTH	24501A0243	SAI	Absent	SAI	Absent	Absent
7	SANDHA YESU BABU	24501A0251	S. Yesu Babu	S. Yesu Babu	S. Yesu Babu	S. Yesu Babu	
8	TAMMU VASU VARDHAN	24501A0258	T. Vasu	T. Vasu	T. Vasu	T. Vasu	
9	TATHA CHARAN SAI	24501A0259	T. Charan Sai	T. Charan Sai	T. Charan Sai	T. Charan Sai	T. Charan Sai
10	VUDUMULA BHAVYA SRI	24501A0264	V. Bhavya Sri	V. Bhavya Sri	V. Bhavya Sri	V. Bhavya Sri	V. Bhavya Sri



