PRASAD V POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY

KANURU, VIJAYAWADA

DEPARTMENT OF FRESHMAN ENGINEERING

CIRCULAR

Date: 20.01.25

A program WINGS (Wholesome Integration Nurturing Good Students) is initiated for all the I B. Tech. students to guide them to the pathway of success in different domains.

As a part of Talk-10 a one day seminar on **"The Art of Living: Crafting a Meaningful Life"** is organized to I B. Tech. IT students to create to create meaningful connections, nurturing the passions, and develop a deeper understanding of themselves and the world around them.

Topic: "The Art of Living: Crafting a Meaningful Life"

**Speaker: Mr. Manikanta**
Art of Living Trainer

Date: 21.01.2025
Time: 10.00 am

(Dr.M.SriLakshmi)

Head
Freshman Engineering Department
PVP Siddhartha Institute of Technolog
Kanuru, VIJAYAWADA-520 007.

PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY

DEPARTMENT OF FRESHMAN ENGINEERING

SUMMARY REPORT ON EVENT ORGANIZED

ACADEMIC YEAR : 2024-2025	
Date of Event organized	21.01.2025
Name of the Event	Wings Talk Series
Resource person	Mr. Manikanta, Art of Living Trainer
Title of the Event	*"Art of Living: Crafting a Meaningful Life"*
Brief Report on the Event	The theme of the seminar is to emphasize the importance of inner well-being in today's fast-paced world. Participants engaged in simple breathing exercises, guided meditation, and reflective activities that encouraged self-exploration and clarity. The seminar was well-received and left a lasting impact on attendees. It provided practical tools and inspiration for leading a more conscious, balanced, purposeful, joyful, and meaningful life.
Year/Semester	I YEAR / I SEM
No. of the participants	130
Consolidated Feedback	Good
Suggestions if any	---
Name of the Co-ordinators	Mrs. T. Krishna Sree, Asst. Prof., FED Dr. M.Silpa, Asst. Prof., FED.
Signature of the Co-ordinators	
Signature of the HOD	

Freshman Engineering Department
VP Siddhartha Institute of Technology
Kanuru, VIJAYAWADA-520 007.

TALK SERIES 10